#114

Think for a Moment

Negative thoughts bring negative results.

Think for a moment…

If you wake up in the morning and say,
“Nothing good will happen today…”
then your mind will spend the whole day looking for proof of that.

A small problem will come…
and you’ll say,
“See, I told you!”

But if you say,
“Challenges may come today, but I will win.”

Then that same day will start showing you new opportunities.

The mind is like a magnet…
it attracts the kind of thoughts you hold.

Negativity drains your energy…
positivity lifts you back up.

Remember—

If you plant thorns, you won’t get flowers.
If you plant belief, success will surely grow.

From today, make one rule:

Whenever a bad thought comes,
immediately say—
“I will not lose… I will learn.”

Because…

When thoughts change,
decisions change…

When decisions change,
life changes.